

# The Dirt



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Moving the Earth Since 1951

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## Excuse me, is that beet juice you're wearing?

Crystal Sugar is trying to go from smelling like the toilet to smelling like roses with a new perfume spray system. The system, around ponds 5 east, 5 middle, and no. 3, is designed to spray a perfume mist over the water to catch the smelly air molecules and weigh them down before they blow all over town. RJZ has about a six man crew working on installing the system. They have set all the beams around the ponds and are stringing the lines this week. Hopefully they'll get the system pumping before the ponds really start stinking in a few weeks. One thing is for sure, it's going to take a lot of bottles of Stetson to make that place smell better.



Project "Eau de Toilette"

### Thanks for coming!

Thank you all who attended the annual meetings and the maintenance courses. Hopefully you found them informative and helpful and are committed to extending the life of the equipment by filling out the weekly inspection forms. We should be getting the forms out in the next couple of weeks, so keep an eye out for them. If you have any questions on the forms, feel free to call the shop and ask. Also, we forgot to mention at the meetings that you can bring in your worn/broken vests and safety glasses to your supervisor and we'll replace them at no charge.

#### In other Crystal news....

The rotten beet removal season will soon be upon us. But it's too early to tell how busy we'll be. The ice mats have managed to keep some of the pile cool enough, but with warm weather on the way, only time will tell.

#### The new maintenance man

Another reminder that Mike Zavoral is now the shop manager and is the man to call for all your day to day shop needs. He'll be coordinating what needs to be done so when the mechanics show up on the site, they'll have all the parts to get you back in tip-top shape.

#### Project Updates:

07.194	EGF 13th St SE	70% completed, finishing up this spring.
07.201	GF Airport Ditch Reroute	About 90% completed. Grading and finishing in the spring.
08.201	EGF Water's Edge No. 2	Paving rep work to be done in the spring.
	Polk County DAC building	A little site work job by the Burger King on the East Side
	NDDOT - Near Pembina	Subgrade prep work under the interchanges on the interstate.

# Fuel Caps

Engines nowadays are getting so high-tech that they can't be run without the fuel cap in place (or with a shop rag stuffed in the top) because the dust will get in and destroy the injectors. So if you happen to lose or break a fuel cap, the supervisors are all equipped with one now for a speedy and safe remedy. Remember, waiting ten minutes for a fuel cap will save the time it takes to rebuild an engine.

# Cooter's Corner

Helpful maintenance tips from your friendly mechanic.

If you are vibrating down the road and you feel like your truck or pickup is out of alignment, it could be a build up of mud on the inside of the rims. Clean out the rims and you'll be back to smooth sailing.

Did you know?

There's enough concrete in the Hoover Dam (4.36 million Cubic Yards) to make a 4 foot sidewalk around the Earth's equator?

## Winter B-Days

These guys all celebrated another year of getting *wiser* over the winter, don't forget to tell them they look it the next time you see them!

Pat Young - 11/07	Marc Rusling 01/28
Lori Friezen 11/13	Lori Christianson 01/29
Dave Zavoral - 11/16	Ron Wolff 02/01
Tom Zavoral 11/17	Rob Zavoral 02/16
Brian McMahon 11/24	Mark Aure 02/16
Ben Horken 11/24	Dana Holweger 02/23
Richard Hagstrom 11/29	Mike Boushee 02/24
Alex Berg 12/01	Jim Yanish 02/25
Jeff Hatcher 12/18	Jeff Pulkrabek 02/25
Lee Kozel 12/21	Tim Nelson 03/08
Joe Zavoral 12/27	Jerry Holthusen 03/23
Joel Pulkrabek 01/04	Bill Zavoral 03/23
Todd Chwialkowski 01/09	Jared Bachmaier 03/26
John Zavoral 01/13	Dean Pesch 03/29
Ryan Berg 01/16	Wayne Gust 03/30
Blayne Vonasek 01/16	Sean Rodriguez 03/30
Trace Hammargren 01/23	

## New Manuals

We spent about \$1000 this spring to make sure every machine has an operators manual in it, so please take care of them so they don't get destroyed, because the next guy might need them. They are great tools for the operator and contain all the information you need to know about grease zert location, fuel and lubrication types, dashboard warning lights, and helpful operating tips and procedures.

***"It is human nature to think wisely and act in an absurd fashion." - Anatole France***

## April B-Days

Vicki Johnson - Thurs. the 3rd	Kathryn Zavoral - Thurs. the 17th
Sam Thomsen - Sat. the 12th	Richie Olson - Monday the 21st
Blake Abbey - Thurs. the 17th	Happy Birthday from the RJZ Family!

## Safety Central

### The dangers of Inactivity

One of the biggest health risks to Americans today is doing nothing at all. Think there are no consequences to being inactive? Think again!

#### It increases your disease risk.

People who are even just moderately-fit are less likely than those who are inactive to develop common medical conditions such as high blood pressure, high cholesterol, heart disease, some cancers, osteoporosis, diabetes and obesity.

#### It leads to a lower quality of life.

Lack of exercise and low fitness are associated with reduced ability to do daily activities. This in turn, lowers peoples' ability to live independently into their senior years.

#### It shortens life span.

Preliminary studies conducted at The Cooper Institute in Dallas suggest that people who are moderately- or highly-fit live five to eight years longer, respectively, than people who are unfit.

